

The additional medical criteria which are required to be met in relation by applicants with insulin treated diabetes are as follows<sup>1</sup>:

### **Qualifying Conditions for applicants**

- They must have had no hypoglycaemic attacks requiring assistance whilst driving within the previous 12 months.
- They will not be able to apply for category C1 or C1E entitlement until their condition has been stable for a period of at least one month.
- They must regularly monitor their condition by checking their blood glucose levels at least twice daily and at times relevant to driving. (The use of a memory chip meters for such monitoring is advised).
- They must arrange to be examined every 12 months by a hospital consultant, who specialises in diabetes. At the examination the consultant will require sight of their blood glucose records for the last 3 months.
- They must have no other condition, which would render them a danger when driving C1 vehicles.
- They will be required to sign an undertaking to comply with the directions of doctors(s) treating the diabetes and to report immediately to DVLA any significant change in their condition.

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<sup>1</sup> Taken from "At a glance Guide to the current Medical Standards of Fitness to Drive" DVLA (February 2007)